

# Crunchy Taco Bowl

Crunchy, cheesy, craveable! Build a fiesta with Cheez-It® Crackers Made With 13g Whole Grain, Original, Bulk, MorningStar Farms® Italian Sausage Style Veggie Crumbles, low sodium taco seasoning mix, cheese, and fresh toppings.



## Ingredients: 50 Servings

- 70 oz Cheez-It® Crackers Made with 13g Whole Grain, Original, Bulk
- 10 lbs MorningStar Farms® Italian Sausage Style Veggie Crumbles CN Labeled
- 25 oz low sodium taco seasoning mix
- 6 lbs shredded cheese
- 6 lbs diced tomatoes
- 5 lbs shredded lettuce
- 1/2 gallon light sour cream

## Directions to Prepare 2

1. Heat MorningStar Farms® Crumbles to an internal temperature of 165°F and mix in low sodium taco seasoning.
2. Prepare 50 individual serving containers.
3. In each serving container, layer: 1.4 oz Cheez-It® Crackers (approximately 39 crackers), 2 oz MorningStar Farms® Crumbles mixture, 2 oz shredded cheese, 1.6 oz lettuce, 2 oz diced tomatoes, and a 0.5 oz dollop of sour cream.

**THIS RECIPE MEETS:**  
**1 oz M/MA**  
**2 oz eq Grain<sup>1</sup>**

### Nutrition Facts

Serving size 1 Bowl

**Calories 470**

Total Fat 23g		29%
Saturated Fat 6g		30%
Trans Fat 0g		
Cholesterol 15mg		5%
Sodium 610mg		27%
Total Carbohydrate 38g		14%
Dietary Fiber 4g		14%
Total Sugars 3g		
Includes 0g Added Sugars		
Protein 21g		0%
Calcium 250mg		19%
Iron 2.5mg		14%
Potassium 320mg		7%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Recipe Ingredients



ITEM CODE	DIST. CODE	PRODUCT NAME	CASE	OUNCE EQUIV. GRAIN OR M/MA
28989-10230		MORNINGSTAR FARMS® ITALIAN SAUSAGE STYLE VEGGIE CRUMBLES CN LABELED	5 LB/2 CT	1 OZ M/MA (1/2 CUP)
24100-12802		CHEEZ-IT® CRACKERS MADE WITH 13G WHOLE GRAIN, ORIGINAL, BULK	4 CT/48 OZ	1.5 OEG (30G), 1 OEG (21G)