

Breakfast Tostada

with Eggo® FrootLoops® Waffles Made with 17g of Whole Grain Bulk



Ingredients: 50 Servings

- 100 Eggo® Froot Loops® Waffles Made with 17g of Whole Grain Bulk
- 2 #10 cans peaches, diced
- 1 lb. 4 oz. strawberries, fresh, diced
- 1 lb. 6 oz. blueberries, fresh
- 3 c. + 2 tbsp. Greek yogurt, fat-free, vanilla

Directions

1. Pre-heat oven to 375°F (convection, medium fan), 375°F (combi-oven dry heat only, no moisture), or 400°F (conventional oven).
2. Place frozen waffles in a single layer on baking sheet. Heat for 17-18 minutes.
3. Prepare fruit salad. Drain peaches and discard juice or save for another recipe. Place peaches in a large bowl and add blueberries and strawberries. Using a spatula, gently fold to combine. Hold and serve at 41°F or below.
4. Prepare individual servings:
 - 2 Eggo® Froot Loops® Waffles Made with 17g of Whole Grain Bulk
 - 1/4 c. yogurt
 - 1/2 c. fruit salad

THIS RECIPE MEETS:
2oz. Eq. Gr.
.5oz. Eq. M/MA
1/2 Cup Fruit

Calories	260
Total Fat	6g
Saturated Fat	1.5g
Sodium	220mg
Total Carbs.	50g
Dietary Fiber	5g
Total Sugars	21g
	Includes 5g Added Sugars
Protein	5g

Meal Components



ITEM CODE	DISTRIBUTOR CODE	PRODUCT NAME	CASE	OUNCE EQUIV. GRAIN OR M/MA
38000-33169		Kellogg's® Eggo® Froot Loops® Waffles, Made with 17g of Whole Grain Bulk	144ct./11.7lbs.	2oz. Eq. Gr.



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