

# Sunflower Butter & Fruit Sandwich

with Eggo® Froot Loops® Waffles Made with 17g of Whole Grain Bulk



**THIS RECIPE MEETS:**  
**2oz. Eq. Gr.**  
**1oz. Eq. M/MA**  
**1/2 Cup Fruit**

Calories ..... **360**  
Total Fat ..... **15g**  
Saturated Fat ..... **3g**  
Sodium ..... **300mg**  
Total Carbs. .... **48g**  
Dietary Fiber ..... **7g**  
Total Sugars ..... **16g**  
**Includes 5g Added Sugars**  
Protein ..... **13g**

## Ingredients: 50 Servings

- 100 Eggo® Froot Loops® Waffles Made with 17g of Whole Grain Bulk
- 3 qt. Greek yogurt, fat-free, vanilla
- 3 1/4 c. sunflower butter
- 7 lbs. 13 oz. strawberries, fresh, sliced

## Directions

1. Preheat oven to 375°F (convection, medium fan), or 375°F (combi-oven dry heat only, no moisture), or 400°F (conventional oven).
2. Place frozen waffles in a single layer on baking sheet. Heat for 15 minutes.
3. In a large bowl or mixer bowl with paddle attachment, combine yogurt and sunflower butter. Mix until light and fluffy. Hold at 41°F or below.
4. Prepare individual servings:
  - 2 Eggo® Froot Loops® Waffles Made with 17g of Whole Grain Bulk
  - 1/4 c. (#16 disher) sunflower butter yogurt mixture
  - 1/2 c. strawberries

**Note:** Peanut butter or soy butter can be substituted for the sunflower butter.

## Meal Components



ITEM CODE	DISTRIBUTOR CODE	PRODUCT NAME	CASE	OUNCE EQUIV. GRAIN OR M/MA
38000-31169		Eggo® Froot Loops® Waffles, Made with 17g of Whole Grain Bulk	144ct./11.7lbs.	2oz. Eq. Gr.



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