

# Yogurt Parfait

with Eggo® Froot Loops® Waffles Made with 17g of Whole Grain Bulk



## Ingredients: 50 Servings

- 50 Eggo® Froot Loops® Waffles Made with 17g of Whole Grain Bulk
- 2 #10 cans peaches, diced
- 2 lbs. 8 oz. strawberries, fresh, diced
- 1 1/2 gal. + 1 c. Greek yogurt, fat-free, vanilla

## Directions

1. Pre-heat the oven to 375°F (convection, medium fan), 375°F (combi-oven dry heat only, no moisture), or 400°F (conventional oven).
2. Cut each waffle into eighths to create 16 pieces.
3. Place 400 pieces or 30 oz. (made from 25 whole waffles) on a full-size sheet pan. Bake for 7-8 minutes until extra crisp. Allow to cool before assembling parfaits.
4. While waffles are cooking, drain peaches. Discard juice or save for another recipe.
5. Prepare fruit mix. Place peaches in a large bowl and add strawberries. Using a spatula, gently fold to combine.
6. Assemble parfait in 12 oz. cups in the following order:
  - 1/2 c. (#8 scoop) fruit mix
  - 1/2 c. (#8 scoop) vanilla Greek yogurt
  - Hold at 41°F or below
  - 2/3 c. (#6 scoop) toasted waffles. Add waffles just in time for service or they will get soggy.

**Note:** Dice strawberries into the same size as the peaches.

**THIS RECIPE MEETS:**  
**1oz. Eq. Gr.**  
**1oz. Eq. M/MA**  
**1/2 Cup Fruit**

Calories .....	<b>240</b>
Total Fat .....	<b>3.5g</b>
Saturated Fat .....	<b>1g</b>
Sodium .....	<b>150mg</b>
Total Carbs. ....	<b>43g</b>
Dietary Fiber .....	<b>4g</b>
Total Sugars .....	<b>27g</b>
<b>Includes 5g Added Sugars</b>	
Protein .....	<b>12g</b>

## Meal Components



ITEM CODE	DISTRIBUTOR CODE	PRODUCT NAME	CASE	OUNCE EQUIV. GRAIN OR M/MA
38000-31169		Eggo® Froot Loops® Waffles, Made with 17g of Whole Grain Bulk	144ct./11.7lbs.	2oz. Eq. Gr.



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