

Cheez-It® Masala Grilled Cheese With Coriander Chutney

An Indian street food twist on grilled cheese, featuring spiced mashed potatoes, melted cheese, Cheez-It® Whole Grain crackers, and a zingy chutney on the side.



THIS RECIPE MEETS:
1 oz M/MA
2.5 oz eq Grain

Nutrition Facts	
Serving size	1 Sandwich
Amount per serving	
Calories	390
% Daily Value*	
Total Fat 16g	21%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 580mg	25%
Total Carbohydrate 42g	15%
Dietary Fiber 5g	18%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 13g	
Calcium 200mg	15%
Iron 2.5mg	14%
Potassium 450mg	10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: 50 Servings

- 100 slices whole grain sandwich bread
- 25 cups mashed potatoes (seasoned with turmeric, cumin, and garam masala)
- 50 oz shredded low-fat cheddar or mozzarella cheese
- 25 oz crushed Cheez-It® Crackers Made with Whole Grain, Bulk (blended into potato filling)
- 50 tbsp coriander chutney
- 50 tsp margarine or butter substitute (approx. 1 cup + 2 tbsp)

Spice blend for potatoes

(adds up to ~1 cup total seasoning across 25 cups mash; simple measures)

- 8 tbsp ground turmeric
- 8 tbsp ground cumin
- 8 tbsp garam masala
- 2 tbsp black pepper

Directions to Prepare:

1. Mix seasoned mashed potatoes with Cheez-It® crackers crumbs & spices.
2. Spread 1/2 cup potato filling and 1 oz Cheez-It® cracker crumbs between two slices of bread. Add chutney inside or reserve for dipping.
3. Lightly butter outer sides of bread and grill until golden brown and cheese is melted.
4. Serve hot, cut in half, with 1 tbsp chutney.

Recipe Ingredients



ITEM CODE	DISTRIBUTOR CODE	PRODUCT NAME	CASE	OUNCE EQUIV. GRAIN OR M/MA
24100-12802		CHEEZ-IT® CRACKERS MADE WITH WHOLE GRAIN, BULK CASE	4 CT./48 OZ.	1.5 OEG (30G), 1 OEG (21G)